

Curriculum overview 2021 - 2022

PHSE

	Autumn term			Spring term			Summer term		
	7 weeks		7 weeks	7 weeks		6 weeks	5 weeks		7 weeks
Year 1	Families and friendships	Safe relationships	Respecting ourselves and each other	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
Year 2	Health and Wellbeing Growing and changing – human life cycle (through Science unit)		Relationships Families and friendships Safe relationships Respecting ourselves and others	Living in the wider world Belonging in a community Media literacy and Digital resilience Money and work			Health and Wellbeing Physical health and Mental wellbeing Growing and changing – moving class or year Keeping safe		
Year 3	Missed objective from Y2- Physical health and Mental wellbeing	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Different jobs and skills; job stereotypes; setting personal goal	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks Risks and hazards; safety in the local environment

Year 4	Living in the wider world – Belonging to a group; role and responsibilities	Physical health and mental well-being – Medicines and keeping healthy, managing feelings and asking for help	Relationships families and friendships Making friends - feeling lonely and getting help Online Respecting ourselves and others Respecting things in common and differences Playing and working cooperatively Sharing opinions.	Living in the wider world Belonging to a community Media, Literacy and digital resilience Money and work	Health and Wellbeing Growing and changing Keeping safe
Year 5	Relationships Friends and peer influence Physical contact and feeling safe Responding respectfully	Living in the Wider World Protecting the environment Information online Job interests and aspirations Y4 – Money and work	Health and wellbeing Physical health (medicines, vaccinations, allergies) Personal identity Responding to emergencies Y4 – Medicines and drugs		

Year 6	Keeping Safe - Keeping personal information safe	Physical health and well-being - What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Safe relationships Y5 - Physical contact and feeling safe.	Belonging to a community - Valuing diversity; challenging discrimination and stereotypes	Respecting ourselves and others - Expressing opinions and respecting other points of view, including discussing topical issues.	Media literacy and Digital resilience - Evaluating media sources; sharing things online	Money & work Y5 identifying job interests and aspirations; what influences career choices; workplace stereotypes	Keeping safe Y5 – keeping safe in different situations, including responding in emergencies, first aid and FGM	Families and friendships - Attraction to others; romantic relationships; civil partnership and marriage. (Growing up talk)
			Safe relationships Y6 - Recognising and managing pressure; consent in different situations				Money & work Y6 - Influences and attitudes to money; money and financial risks	Keeping safe Y6 - Regulations and choice; drug use and the law; drug use and the media (Science)	Growing and Changing - Human reproduction and birth; increasing independence; managing transitions (Growing up talk)
								Leaver's assembly	