

PE LTP

<u>Early Years</u>					
<u>Nursery</u>	Travelling to the hall Listening Games Autumn Games - POPE (add in examples)	Traditional Tales Moving and Travelling	Growing	Animals	Team games Sports Day Practice
<u>Reception</u>	Basic skills - listening skills Start/stop Travelling / space Games linked to these skills	Improving agility POPE	Improving Balance	Improving Throwing Improving catching	Team games Sports Day Practice

<u>Year 1</u>						
	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u> JH	Improve catching, throwing	Orienteering	Dance	Gymnastics	Striking and fielding	Strawberry Teas
<u>Lesson 2</u> SC	Multi skills	Improve agility, balance Forest School	Forest School Football	HRE Multi skills	Eagles Basketball	Athletics

<u>Year 2</u>						
	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u>	Football	Improve agility, balance	Gymnastics	Multi-skills	Athletics	Improve catching, throwing
<u>Lesson 2</u>	Multi-skills H.R.E PoPE Forest School	Athletics Forest School	Dance Forest School	Invictus	Striking and fielding Cricket	Strawberry Teas

<u>Year 3</u>						
	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u>	Multi-skills Forest School	Gymnastics	Forest school Invictus	Tennis	swimming	Orienteering
<u>Lesson 2</u>	Basketball	Hockey	Football	Athletics	Cricket	Dance

<u>Year 4</u>						
	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u>	Multi-skills Forest School	Football/ swimming	Athletics	Gymnastics	Orienteering	Tag rugby
<u>Lesson 2</u>	Basketball	Rounders	Handball (yr 4 planning)	Swimming	Swimming	Swimming

<u>Year 5</u>						
	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u>	Tag rugby	Basketball	Gymnastics	Invictus	Athletics	Cricket
<u>Lesson 2</u>	Swimming	Swimming Forest School	Swimming	Handball Forest School	Basketball	Dance

Year 6

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<u>Lesson 1</u>	Swimming/rounders	Swimming / cricket	Types of training/circuit training	Hockey	Cricket	Tennis
<u>Lesson 2</u>	Invasion games Basketball /Forest school	Basketball/ Gymnastics	Gymnastics / forest school	Athletics (Throwing and Jumping)	Athletics (Track)	Dance